

# AQUATICS PROGRAMS

## GROUP SWIM LESSONS

This youth learn-to-swim program is for children 4 years and older. Skills include front and back float, water safety skills and strokes, beginning basics of front crawl and backstroke. Parents must remain in the wooden bleacher area and are NOT allowed on deck. Each class is 50 minutes in length. Participants will be divided into small groups to keep the instructor to swimmer ratio low. **Ages: 4-13**

## LIFEGUARD TRAINING CLASS

This lifeguard certification course is designed for candidates who wish to pursue certification for lifeguarding public swimming pools. Successful completion of the course is recognized with an American Red Cross Lifeguard certification. Participants must be able to pass a 300-yard swim, dive to the bottom of the 13-foot well to retrieve a 10-pound brick, and tread water for 2 minutes on the first night. Participants must attend ALL classes and pass 2 end of course written tests and end of course water skills tests to become certified. A Lifeguard Training Re-Certification class is available this spring. You must NOT be more than 30 days expired to qualify for a re-certification class. **Ages: 15 and up.**

## ONE-ON-ONE SWIM LESSONS

This program is specifically designed to meet the needs of each participant. Each participant will have the opportunity to work one-on-one with the swim instructor to provide personalized attention at a more adaptable pace. Skills include front and back float, water safety skills and strokes, beginning basics of front crawl and backstroke. Classes are 30 minutes in length. Parents/spectators must stay in the wooden bleacher area and are NOT allowed on the pool deck. **Ages: 3 and up**

## NEW LAP SWIM TIME!

We will be offering lap swim at the outdoor Franklin Family Aquatic Center this summer from 7-9am every day. Adults only. Cost is \$3 per person, per day. If you are a FASC member you swim for free! All participants must sign-in with the lifeguard on duty and pay. Swimmers must be willing to share lanes with other swimmers. **Ages: 18 and up**

### GROUP SWIM LESSONS

211200-A	\$46	Mon/Wed	6/2/21-6/16/21	9:30-10:15am
211200-B	\$46	Mon/Wed	6/2/21-6/16/21	10:15-11:00am
211200-C	\$37	Saturday	6/5/21-6/26/21	9:30-10:15am
211200-D	\$37	Saturday	6/5/21-6/26/21	10:15-11:00am
211200-E	\$55	Tues/Thurs	6/1/21-6/17/21	9:30-10:15am
211200-F	\$55	Tues/Thurs	6/1/21-6/17/21	10:15-11:00am
211200-G	\$55	Mon/Wed	6/21/21-7/7/21	9:30-10:15am
211200-H	\$55	Mon/Wed	6/21/21-7/7/21	10:15-11:00am
211200-I	\$55	Tues/Thurs	6/22/21-7/8/21	9:30-10:15am
211200-J	\$55	Tues/Thurs	6/22/21-7/8/21	10:15-11:00am
211200-K	\$37	Saturday	7/3/21-7/24/21	9:30-10:15am
211200-L	\$37	Saturday	7/3/21-7/24/21	10:15-11:00am
211200-M	\$55	Mon/Wed	7/12/21-7/28/21	9:30-10:15am
211200-N	\$55	Mon/Wed	7/12/21-7/28/21	10:15-11:00am
211200-O	\$55	Tues/Thurs	7/13/21-7/29/21	9:30-10:15am
211000-P	\$55	Tues/Thurs	7/13/21-7/29/21	10:15-11:00am

### LIFEGUARD TRAINING CLASS

211300-A	\$160	Mon-Thurs	4/12-4/15/2021	5:30-9:00pm
211300-B (Recert)	\$49	Saturday	3/14/21	2:00-6:00pm
211300-C	\$160	Mon-Thurs	4/26-4/29/2021	5:30-9:00pm
211300-E (Recert)	\$49	Saturday	4/10/21	9:00-1:00pm

### ONE-ON ONE SWIM LESSONS

211100-A	\$80	Mon/Wed	6/2/21-6/16/21	9:30-10:00am
211100-B	\$80	Mon/Wed	6/2/21-6/16/21	10:00-10:30am
211100-C	\$80	Mon/Wed	6/2/21-6/16/21	10:30-11:00am
211100-D	\$64	Saturday	6/5/21-6/26/21	9:30-10:00am
211100-E	\$64	Saturday	6/5/21-6/26/21	10:00-10:30am
211100-F	\$64	Saturday	6/5/21-6/26/21	10:30-11:00am
211100-G	\$96	Tues/Thurs	6/1/21-6/17/21	9:30-10:00am
211100-H	\$96	Tues/Thurs	6/1/21-6/17/21	10:00-10:30am
211100-I	\$96	Tues/Thurs	6/1/21-6/17/21	10:30-11:00am
211100-J	\$96	Mon/Wed	6/21/21-7/7/21	9:30-10:00am
211100-K	\$96	Mon/Wed	6/21/21-7/7/21	10:00-10:30am
211100-L	\$96	Mon/Wed	6/21/21-7/7/21	10:30-11:00am
211100-M	\$96	Tues/Thurs	6/22/21-7/8/21	9:30-10:00am
211100-N	\$96	Tues/Thurs	6/22/21-7/8/21	10:00-10:30am
211100-O	\$96	Tues/Thurs	6/22/21-7/8/21	10:30-11:00am
211100-P	\$64	Saturday	7/3/21-7/24/21	9:30-10:00am
211100-Q	\$64	Saturday	7/3/21-7/24/21	10:00-10:30am
211100-R	\$64	Saturday	7/3/21-7/24/21	10:30-11:00am
211100-S	\$96	Mon/Wed	7/12/21-7/28/21	9:30-10:00am
211100-T	\$96	Mon/Wed	7/12/21-7/28/21	10:00-10:30am
211100-U	\$96	Mon/Wed	7/12/21-7/28/21	10:30-11:00am
211100-V	\$96	Tues/Thurs	7/13/21-7/29/21	9:30-10:00am
211100-W	\$96	Tues/Thurs	7/13/21-7/29/21	10:00-10:30am
211100-X	\$96	Tues/Thurs	7/13/21-7/29/21	10:30-11:00am